

OBC 25M 2025: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Valcke Rik

Coaches: Dobbelaere Nele HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 4: 50M FREESTYLE MEN				Heat:2, starttime: 09:40	
Heat: 2/8 Lane : 2 Athlete: VANDYCKE LUCAS				Q-time: 00:24:78	
PB (25m pool): 24.78 Waregem 27 Sep 2025				PB (50m pool): 25.30 SB:	
	2 5 M	5 0 M			
PB		24.78			
		24.78			
					

Coach feedback:

Event number: 4: 50M FREESTYLE MEN				Heat:8, starttime: 09:45	
Heat: 8/8 Lane : 3 Athlete: VANSIELEGHEM KILLIAN				Q-time: 00:22:71	
PB (25m pool): 22.71 Gent 9 Nov 2024				PB (50m pool): 23.93 SB:	
	2 5 M	5 0 M			
PB		22.71			
		22.71			
					

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN				Heat:4, starttime: 10:05	
Heat: 4/7 Lane : 8 Athlete: VANHOUTTE WARRE				Q-time: 01:07:15	
PB (25m pool): 1:07.15 Diksmuide 12 Oct 2025				PB (50m pool): 1:08.76 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.86		1:07.15	
		31.86		35.29	
					

Coach feedback:

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Event number: 10: 100M BUTTERFLY MEN					Heat:5, starttime: 10:50
Heat: 5/6 Lane : 2 Athlete: VANSIELEGHEM KILLIAN					Q-time: 00:56:10
PB (25m pool): 56.10 Gent 9 Nov 2024					PB (50m pool): 56.90 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		26.15		56.10	
	26.15		29.95		
					

Coach feedback: